

Hullbridge Parish Council
Grant Funded by Ride London



FREE

**FIRST AID & DE FIB
CPR TRAINING**

Run by K's Aid
First Aid
Training



www.ksaid.co.uk

***Space is limited to
hall capacity on the
day so don't be late!***

Monday 25th July
at Hullbridge Community
Centre, Pooles Lane,
Hullbridge. 4pm - 6.30pm

Learn First Aid including:

- How to recognise & cope with an emergency.
- Learn CPR for both adults & children.
- Awareness of the Defibrillator & how to use it.
- This course is aimed to install knowledge & confidence into you.

ALL ENQUIRIES - HULLBRIDGE PARISH COUNCIL
01702 232 038

OR EMAIL: CLERK@HULLBRIDGEPC.CO.UK

JUST TURN UP, NO BOOKING NECESSARY