

## *Did you know...*

Some people with dementia can find it difficult to communicate, maybe repeating things, using the wrong words or struggling to find the right word..

## *you can help by...*

Give the person your full attention, make sure they can hear and see you clearly, be patient and have respect for them, do not treat them like a child, try to make your body language as open and relaxed as possible. Smile.



**Connecting  
our community  
with kindness**